

Anger

Don Ruhl • Savage Street, Grants Pass, Oregon • April 11, In the year of our Lord Christ, 2021
Scripture Reader and Reading: Bryan Rich – Ephesians 4.31–32
Song Leader and Song Suggestions: Phil Joseph – No Suggestions

Prelude:

- I. **There is a place for controlled anger over the right things.**
- II. **This message is about out-of-control anger that has become a habit.**

Persuasion:

I. **Prayer Constantly**

14 Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us. 15 And if we know that He hears us, whatever we ask, we know that we have the petitions that we have asked of Him.

– 1 John 5.14–15

- A. Is it God's will that we put away anger?
- B. Experience with backhoe.

II. **Redirect Your Emotion**

- A. God rarely tells us to stop evil without also telling us the good to do.

31 Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice. 32 And be kind to one another, tenderhearted, forgiving one another, just as God in Christ forgave you.

– Ephesians 4.31–32

- B. We have energy that God knows must be redirected.

III. **Focus Attention on Jesus**

1 Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, 2 looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

– Hebrews 12.1–2

A. What do you think will happen when the mind is filled with Christ?

IV. Recognition of Other’s Mistakes, Imperfections, and Sins, and Yours

1 Remind them to be subject to rulers and authorities, to obey, to be ready for every good work, **2** to speak evil of no one, to be peaceable, gentle, showing all humility to all men. **3** For we ourselves were also once foolish, disobedient, deceived, serving various lusts and pleasures, living in malice and envy, hateful and hating one another. **4** But when the kindness and the love of God our Savior toward man appeared, **5** not by works of righteousness which we have done, but according to His mercy He saved us, through the washing of regeneration and renewing of the Holy Spirit, **6** whom He poured out on us abundantly through Jesus Christ our Savior, **7** that having been justified by His grace we should become heirs according to the hope of eternal life.

– Titus 3.1–7

- A. We tend to recognize our sins, but
- B. we conclude they are not as bad as others.

V. Daily Bible Reading

9 How can a young man cleanse his way?
By taking heed according to Your word.
10 With my whole heart I have sought You;
Oh, let me not wander from Your commandments!
11 Your word I have hidden in my heart,
That I might not sin against You!

– Psalm 119.9–11

VI. You Are Not the World’s Policeman, Mother, or Father

12.17 Repay no one evil for evil. Have regard for good things in the sight of all men. **18** If it is possible, as much as depends on you, live peaceably with all men. **19** Beloved, do not avenge yourselves, but rather give place to wrath; for it is written, “Vengeance is Mine, I will repay,” {De 32:35} says the Lord. **20** Therefore “If your enemy is hungry, feed him; If he is thirsty, give him a

**drink; For in so doing you will heap coals of fire on his head.” {Pr 25:21, 22}
21 Do not be overcome by evil, but overcome evil with good.**

– Romans 12.17–13.4

VII. Remember the Golden Rule

12 “Therefore, whatever you want men to do to you, do also to them, for this is the Law and the Prophets.”

– Matthew 7.12

VIII. Worship Regularly

**24 And let us consider one another in order to stir up love and good works,
25 not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching.**

– Hebrews 10.24–25

A. Being with brethren is always a great soul-lifting experience.

B. Also, you are putting your gaze upon your Creator!

IX. Remember Jesus

41 So they departed from the presence of the council, rejoicing that they were counted worthy to suffer shame for His name.

– Acts 5.41

X. Imitate the Beatitudes

- 3 “Blessed are the poor in spirit...**
- 4 Blessed are those who mourn...**
- 5 Blessed are the meek...**
- 6 Blessed are those who hunger and thirst for righteousness...**
- 7 Blessed are the merciful...**
- 8 Blessed are the pure in heart...**
- 9 Blessed are the peacemakers...**

- 10 Blessed are those who are persecuted for righteousness' sake...**
11 Blessed are you when they revile and persecute you..."

– Matthew 5.3–11

- A. Find a likable person in the church and
- B. you will find the Beatitudes personified.